



# Villages at the foot of the Cadí Mountains

Forests all small mountain villages with the Serra del Cadí as a backdrop.



**County: Alt Urgell Municipalities (villages): Cava (Cava, Ansovell, El Querforadat) and Arsèguel Card CM**

**1**



Serra del Cadí  
Cadí-Moixeró Natural Park Archive

## What you'll find there

On the northern slopes of the park, below the impressive wall of the Serra del Cadí Mountains there are small villages of great scenic and cultural interest.

Cava, Ansovell, El Querforadat and Arsèguel are well known for being photographed with the backdrop of the Serra del Cadí and its snow-covered peaks. They are surrounded by forests, some of them very old, that are crisscrossed by footpaths on which you can enjoy nature at its purest.

On the highest slopes, we find mountain pine with an undergrowth of mainly juniper and alpenrose. Lower down, we find Scots pine with Montpellier maples, birch and aspen forming clearings among them, and in the valley bottoms, riverside vegetation. Of particular interest is the scree vegetation at the foot of the gullies.

The most representative fauna in these woods are roe deer, chamois, pine martens, capercaillie, black woodpeckers, green lizards, the western whip snake and the Pyrenean brook salamander.

## How to get



*El Querforadat*  
Photographer: Richard Martín Vidal



*Cava*  
Photographer: Albert de Gràcia



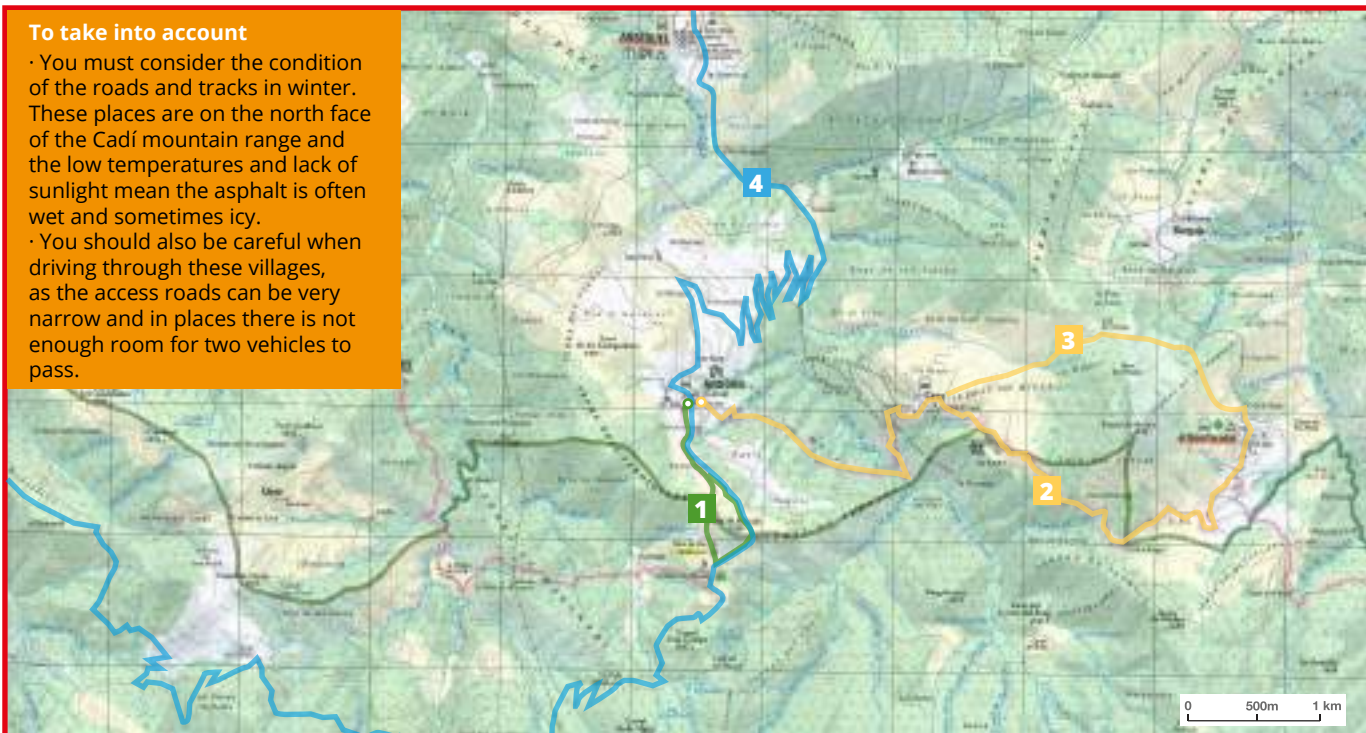
*Sanctuary of El Boscalt.*  
Cadí-Moixeró Natural Park



*Pi de l'Orri, un singular tree*  
Cadí-Moixeró Natural Park Archive

### To take into account

- You must consider the condition of the roads and tracks in winter. These places are on the north face of the Cadí mountain range and the low temperatures and lack of sunlight mean the asphalt is often wet and sometimes icy.
- You should also be careful when driving through these villages, as the access roads can be very narrow and in places there is not enough room for two vehicles to pass.



## The main attractions

• **The impressive views of the north face of the Cadí range and its gullies.**

• **Historical heritage** (Sanctuary of El Boscall, Romanesque churches, stockbreeder and charcoal-maker's paths, etc.)

• **Mountain villages** with the Cadí Mountains as a backdrop.

• **Legends and traditions, including** "Princess Moctezuma and the Box-Tree of El Boscall"

• **Large forested areas with singular trees** such as the L'Orri Pines and the Boscall Box-Tree, one of the oldest in the Pyrenees

• **The Ansovell Forest which inspired the author** Víctor Català in his novel *Solitud*

## Service for visitors

On the Natural Park's website, you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic producers:

<http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

#### 1 Ansovell - Sanctuary of El Boscall (GR 150)

Start/Finish: Ansovell  
Distance: 3,6 Km  
Time: 50'  
Elevation gain: 160 m

#### 2 Ansovell - El Querforadat (GR 150)

Start/Finish: Ansovell/El Querforadat  
Distance: 7,6 Km  
Time: 2h 30'  
Elevation gain: 907 m

#### 3 Cava - El Querforadat (out via Coll d'Eruga and return via Coll de Cristià)

Inici/Final: Cava  
Distance: 6,9 km  
Time: 3h  
Elevation gain: 1050 m

### By mountain bike

#### 4 ● Cadí - Moixeró round trip by mountain bike

Distance: 222,3 km  
Time: 23h 50'  
Elevation gain: 6.180 m

### By car

• **Visit the village of Arsèguel**, famous for its annual Pyrenees accordionists' festival..

• **Cava, Ansovell and El Querforadat, small villages at the foot of the Cadí Mountains**

### Facilities

- **El Segre Olympic Park** (Seu d'Urgell).
- **Boscall recreational area:** tables, natural spring and informative panels
- **Tourist information office** (Seu d'Urgell)
- **Espai Ermengol** (Seu d'Urgell)

### As well as...

- **Aplec del Boscall**, a popular gathering in homage to Our Lady of Boscall. El Boscall is also known for its centenarian box-tree
- **Romanesque. Ruins of Sant Martí d'Ansovell**
  - **The church of Sant Cristòfol de Vinyoles**, with its mediaeval house
  - **Remains of the chapel of Sant Marçal de Vima**
- **At Pont d'Arsèguel there is a wool factory where you can see** a spinning machine designed in the 18th century. In the village of Arsèguel you can also visit the **Accordion Museum**.



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# Cadí de l'Urgellet



A county of nature with views of the Cadí Mountains and the birds that fly above them

County: **Alt Urgell** Municipalities (villages): **Alàs and Cerc (Alàs, El Ges, Ortedó, Cerc, Vilanova de Banat)**

Card **CM**

**2**



The Cadí from Vilanova de Banat  
Author: Richard Martín Vidal

## What you'll find there

L'Urgellet is a natural area of Catalonia in the Alt Urgell region. Its county capital is La Seu d'Urgell, a town in which two rivers converge, the Valira and the Segre, and where you can find all kinds of tourist services, including the El Segre Olympic Park.

Small villages, such as Cerc, Ges, Vilanova de Banat and Ortedó, offer visitors spectacular panoramic views of the beautiful Cadí Mountains, the Cerdanya plain and Alt Urgell.

Above the village of Lletó, in the municipality of Alàs, there is a lookout point that is perfect for birdwatching, especially in the late summer and early autumn, when the birds are migrating.

This is a county with a long stockbreeding tradition and it is famous for its high-quality cheeses.

## How to get



Turó Galliner lookout point  
Cadí-Moixeró Natural Park Archive



Vilanova de Banat  
Photographer: Richard Martín Vidal



Sant Maria Cathedral in La Seu  
d'Urgell Photographer: Albert de Gràcia



Sant Ermengol Fair  
La Seu d'Urgell Municipal Archive



### To take into account

- As in all mountain areas, in winter you have to pay special attention to the condition of the roads and tracks, as you may find patches of ice or rockslides that make it difficult or impossible to pass.

## The main attractions

- Photography enthusiasts, or those who just like admiring beautiful scenery, will love places like **Vilanova de Banat**.
- The **Turó Galliner lookout point** offers excellent views of Alt Urgell and good part of the Axial Zone of the Pyrenees. It is also an ideal spot to see migratory birds of prey.
- In **La Seu d'Urgell** you will find all the services you need to enjoy a stay in the area or just to spend a few hours of leisure time there.
- The **"Alt Urgell Nature Exhibition: Heritage and Resource"** is in the Espai Ermengol and provides detailed information about the county's natural heritage.
- An ideal place to taste delicious, traditionally-made **cheeses**.
- At the **El Segre Olympic Park** you can enjoy sports such as rafting and canoeing. It is also the county's Mountain Biking Centre.

## Services for visitors

On the Natural Park's website, you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic producers:

<http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

#### 1 La Seu d'Urgell - Ansovell (GR 150)

Start/Finish: La Seu d'Urgell/Ansovell  
Distance: 19.66 km  
Time: 5h 35'

#### 2 Turó Galliner from Coll de Lletó

Start: Coll de Lletó  
Time: 30'  
Elevation gain: 100 m  
Distance: 1.1 km

#### 3 Camí de Sant Jaume

Start/Finish: Pont d'Arsèguel/Alàs  
Distance: 11 km  
Time: 3h

### By mountain bike and touring cycle

#### 4 Cycle Tourism Route around the Cadí-Moixeró Natural Park

Distance: 32.9 km  
Time: 3h 15'  
Elevation gain: 867 m

#### 5 Volta a Lletó

Recorregut: 32,9 km  
Durada: 3h 15'  
Desnivell: 867 m

#### 6 La Seu -Alàs - Les Paces

Distance: 15.1 km  
Time: 1h 30'  
Elevation gain: 203 m

#### 7 La Seu d'Urgell - Alàs

Distance: 8.9 km  
Time: 50'  
Elevation gain: 32 m

### By car

- **The deserted village of Lletó** with its stone walls and views of the Cadí Mountains (off-road vehicles)
- **The church of La Mare de Déu de Les Paces**. Romanesque, 11th century. Near the village of Alàs
- **Visit the village of Vilanova de Banat with fabulous** panoramic views of the Cadí Mountains, Alt Urgell and part of La Cerdanya
- **Alàs, Banat, Cerc and Ortedó**, small villages at the foot of the Cadí Mountains

- **Church of Sant Antoni**, an unusual Modernist-style hilltop church near Cerc

### Facilities

- Torrent de Cerc recreational area (Alàs i Cerc)
- Turó Galliner lookout point (Alàs i Cerc)
- Tourist information office (La Seu d'Urgell)
- Espai Ermengol (La Seu d'Urgell)

### As well as...

- A tour of the historical sites of La Seu d'Urgell and Santa Maria Cathedral, the town's most emblematic building.



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# The red Lands of the Cadí Mountains

The western end of the park with spectacular landscapes



**Country:** Alt Urgell **Municipalities (villages):** La Vansa i Fórnsols (Adraén)

Card CM

**3**



Coll de Creus  
Natural Park of Cadí-Moixeró archive

## What you'll find there

Enjoy magnificent sights on footpaths and itineraries such as the GR 150, which runs right round the natural park. Together with thematic routes, such as the Way of the Last Cathar, they will take you to Coll de Creus (1,437 m) and the Camí de Ferradura (Bridle Path) that leads to La Seu d'Urgell. By mountain bike you can take the "Tour around Cadí" via La Traba lookout point in the La Vansa i Fórnsols valley. You can also climb to Torreta de Cadí (2,562 m) on a restricted access forest trail with fantastic bird's eye views of the characteristic red lands. Discover small villages such as Adraén (1,434 m), one of the highest in the whole park. The climate is very dry and rigorous, with cold winters and hot summers that condition the vegetation and the animals that live there. Around the small villages there are cultivated fields, as well as pasture meadows. In the highest peaks of the Cadí Mountains you will find the domain of the chamois herds.

## How to get



*Torreta de Cadí*  
Cadí-Moixeró Natural Park Archive



*Adraén*  
Cadí-Moixeró Natural Park Archive



*Mirador de la Traba*  
Cadí-Moixeró Natural Park



*Camí de l'Últim Càtar*  
Cadí-Moixeró Natural Park



### To take into account

- Take advantage of all the seasons of the year except winter to take any of the excursions on foot, by mountain bike or by car. In winter you may find patches of ice or rockslides that make it difficult or impossible to pass.
- You can take the forest trail (a 4x4 vehicle is advisable) from Adraén to Cap de la Fesa to reach Torreta de Cadí. You'll come to a barrier about 6 km before Cap de la Fesa where you'll have to leave your vehicle and continue on foot. In winter and spring you may come across snow and ice up there.

## The main attractions

- **A footpath network that** passes through valleys and villages following, on many stretches, the traditional tracks that connected the villages.
- **Romanesque churches:** the Church of Sant Martí d'Adraén, listed as an Asset of Cultural Interest, and that of Sant Salvador d'Adraén, at an altitude of 1,665 m.
- **Zone of geological interest** due to the highly-oxidised iron minerals that give the characteristic red colour and the thin intercalated layers of sandstones and conglomerates.
- **Signposted mountain bike itineraries**
- **Ascens to Torreta de Cadí** (2.562 m)

## Service for visitors

On the Natural Park's website, you'll find detailed information about its activity programme, footpath network and infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

And for more information on the hiking and mountain biking routes:

<http://inforutes.parcolimpic.cat>

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

#### 1 Adraén-Torreta de Cadí (PR-C 122)

Start/Finish: Adraén / Torreta de Cadí  
Time: 5 h  
Elevation gain: 1190 m  
Distance: 13 km.

#### 2 Way of the Last Càtar

Start/ Finish: Bagà / Tarascon d'Arièja  
Distance: 189, 64 Km  
Time: 10 etapes (varis dies)  
Cumulative elevation gain: 7.420 m

#### 3 From Molí de Fórnoles to la Seu d'Urgell (GR 150)

Start/ Finish Molí de Fórnoles / La Seu d'Urgell  
Distance: 20,18 Km  
Time: 5h 42'  
Cumulative elevation gain: 2.063 m

### By mountain bike and cycle tourism

#### 4 ● Tour around Cadí-Moixeró by mountain bike

Start and finish: La Seu d'Urgell  
Distance: 222,3 km  
Time: 23h 50'  
Elevation gain: 6.180 m

#### 5 ● Cycle Tourism Route around the Cadí-Moixeró Natural Park

Start and finish: La Seu d'Urgell

Elevation gain: 2,800 m  
Recorregut: 142,50 km  
A large event is organised once a year

### By car

**Tour around the Cadí-Moixeró Park**  
Distance: 185 km on secondary roads and passing through most of the villages in the park.  
Time: 2 days

### Facilities

• **Lookout point and La Traba recreational area**

### As well as...

If you're interested in geology, don't miss the Coll de Creus area with its characteristic red rocks from the Permian era, the last period of the Palaeozoic.



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# Tuixent and La Vansa Valley

A little-known valley with medicinal plants and well-rooted traditions from the world of the Trementinaires



County: Alt Urgell Municipalities (villages): La Vansa i Fórnoles (Cornellana, Fórnoles, Sorribes de La Vansa) and Josa i Tuixén (Josa, Tuixent

Card CM

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Vansa and Tuixent Valley  
Author: Richard Martín Vidal

## What you'll find there

The La Vansa and Tuixent Valley is in the pre-Pyrenean range. The isolated location of this valley has ensured the preservation of its nature and villages, although they have suffered from serious depopulation.

It lies between the Cadí Mountains to the north and the La Verd and Port del Comte Mountains to the south and the La Vansa River runs through it.

Here you will find many places devoted to the park's flora and the use of its medicinal and aromatic plants: the Flora Centre, the Trementinaires Museum, botanical itineraries and an arboretum. There are also historical sites such as Josa de Cadí, the stones of which speak to us of Cathars and life in the Middle Ages.

The municipality of La Vansa i Fórnoles is crossed by the La Vansa River and shares with the Tuixent Valley the cross-country skiing resort of Tuixent-La Vansa. This, together with the Romanesque, baroque and Gothic architecture of La Vansa, make it an interesting place to visit. Espai La Vansa in the village of Sorribes has an exhibition of the municipality's attractions.

## How to get



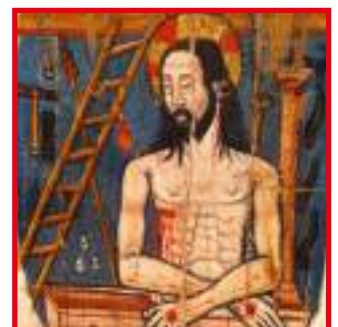
Josa de Cadí  
Cadí-Moixeró Natural Park Archive



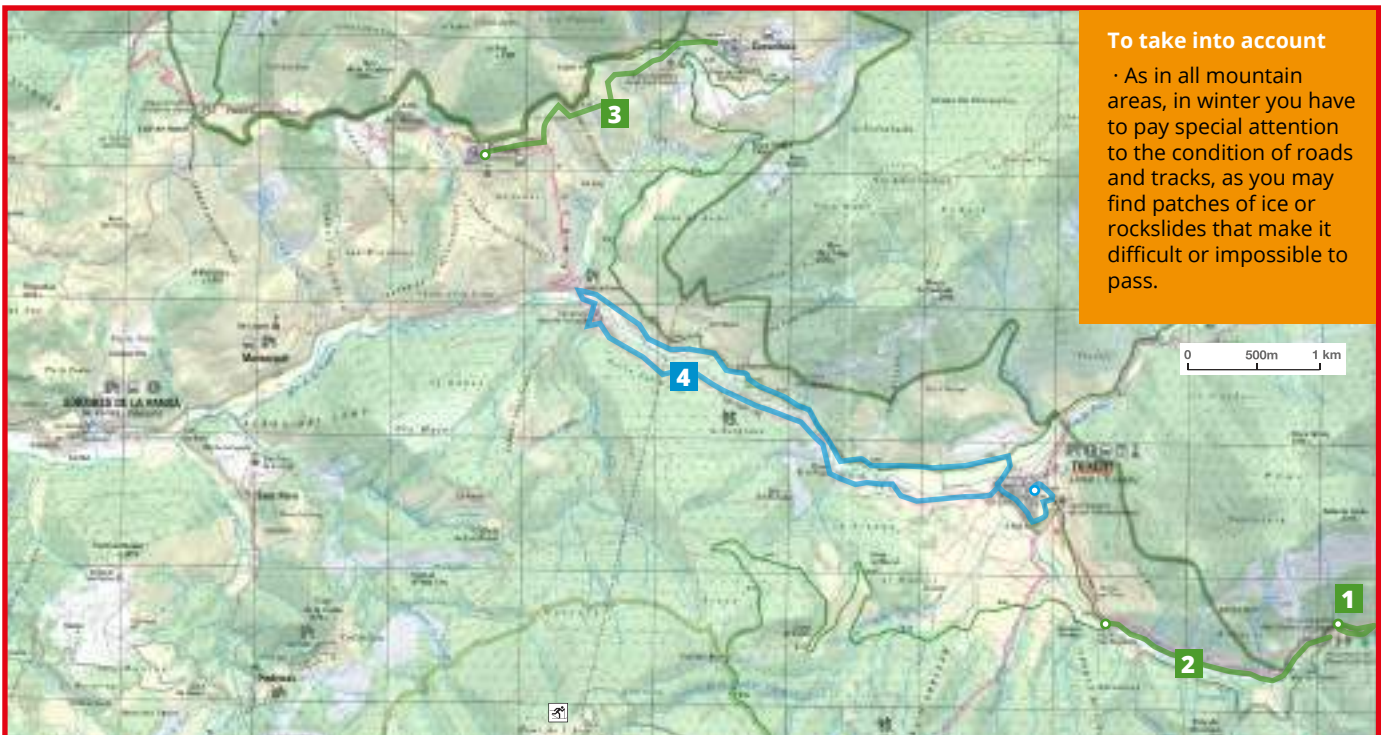
Tuixent Flora Centre  
Cadí-Moixeró Natural Park Archive



Trementinaire Balcony  
Photographer: Maria Faura Pedrals



Part of the Gothic altarpiece of La Vansa  
Photographer: Maria Faura Pedrals



#### To take into account

· As in all mountain areas, in winter you have to pay special attention to the condition of roads and tracks, as you may find patches of ice or rockslides that make it difficult or impossible to pass.

Dificultat: ● baixa, ● moderada, ● alta

## The main attractions

- Enjoy small villages such as Fórñols, Sorribes de la Vansa, Cornellana, Ossera, Tuixent and Josa..
- The village of Tuixent has different places devoted to the local vegetation, such as the Natural Park **Flora Centre**, the **Trementinaires Botanical Garden** and the **Trementinaires Museum (19th- and early 20th-century herbalists)**.
- **The Medicinal Plants Itinerary and the Arboretum of Planells del Sastró.**
- **The Romanesque, Baroque and Gothic of La Vansa valley.**
- **Handicrafts and products made in the valley** (cheese, jam, remedial herbs, sculpture, paintings).
- **The cross-country ski resort of Tuixent-La Vansa.**

## Service for visitors

On the Natural Park's website, you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers: <http://parcsnaturals.gencat.cat/cadi>

More information of interest about the area at: [www.lavansatuixent.com](http://www.lavansatuixent.com)

## Options for visitors

### On foot

#### 1 Arboretum of Planells del Sastró

Start/Finish: Planells del Sastró (Tuixent)  
Time: 20'  
Elevation gain: 12m  
Distance: 477m

#### 2 Medicinal Plants Itinerary

Start/Finish: Pont del Regatell/Planells del Sastró (Tuixent)  
Time: 40'  
Elevation gain: 12 m  
Distance: 2,5 Km

#### 3 Fórñols - Cornellana

Start/Finish: Fórñols/Cornellana  
Distance: 2.3 km  
Time: 45'  
Elevation gain: 297m

### By mountain bike

#### 4 ● Tuixent - Molí de Fórñols

Distance: 10.4 km  
Time: 1h  
Elevation gain: 193 m

### By car

#### Romanesque

- Chapel of Santa Maria de Josa, 12th century
- Sant Jaume de Tuixent, 11th-12th century
- Parish Church of Sant Esteve de Tuixent, 11th century
- Sant Julià dels Garrics, 11th-13th century

#### Baroque

- Chapel of El Roser in Fórñols
- Sant Climent de Fórñols, 18th century
- Sant Pere de Cornellana, 18th century

#### Recovered Gothic altarpieces at:

- Sant Climent de Fórñols
- Sant Martí d'Ossera
- Sant Pere i dels Goigs de la Verge de Cornellana
- Sant Julià dels Garrics

#### Facilities:

- **Trementinaires Museum** (Tuixent)
- **Flora Centre and the Trementinaires Botanical Garden** (Tuixent)

- **Espai La Vansa**, tourist information point and valley heritage interpretation centre (Sorribes de la Vansa)

#### Recreational areas:

- **Josa de Cadí** (Josa i Tuixent), with tables, a natural spring and informative panels.
- **Planells de Sastró** (Josa i Tuixent), with tables, barbecues, a natural spring and informative panels.
- **Coll de Bancs** (La Vansa i Fórñols), with tables and a natural spring.
- **Font Major de Cornellana** (La Vansa i Fórñols), with tables and a natural spring.

#### As well as ...

- **"El Quadern d'en Pierre"**, a game to discover the Cadí-Moixeró Natural Park and the Catalan Pyrenees Regional Natural Park. More information: [www.www.carnetdenpierre.eu](http://www.www.carnetdenpierre.eu)
- **Flower** and medicinal plant courses and **workshops** all year round.
- **Visit the village of Ossera**: a hilltop village with singular architecture and resident artisans and artists.



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# The Source of the Llobregat

The head of one of the most important rivers in Catalonia.



**County:** Berguedà **Municipalities:** Castellar de n'Hug, La Pobla de Lillet

Card CM

5



Castellar de n'Hug and vall del Llobregat  
Author: Richard Martín Vidal

## What you'll find there

The Sources of the Llobregat is one of the most visited places in the Park. It can be reached on foot from the village of Castellar de n'Hug or by car from Les Fonts Hotel (before coming to Castellar de n'Hug).

The people of Castellar de n'Hug have traditionally been sheep breeders and you can visit its Shepherds' Museum.

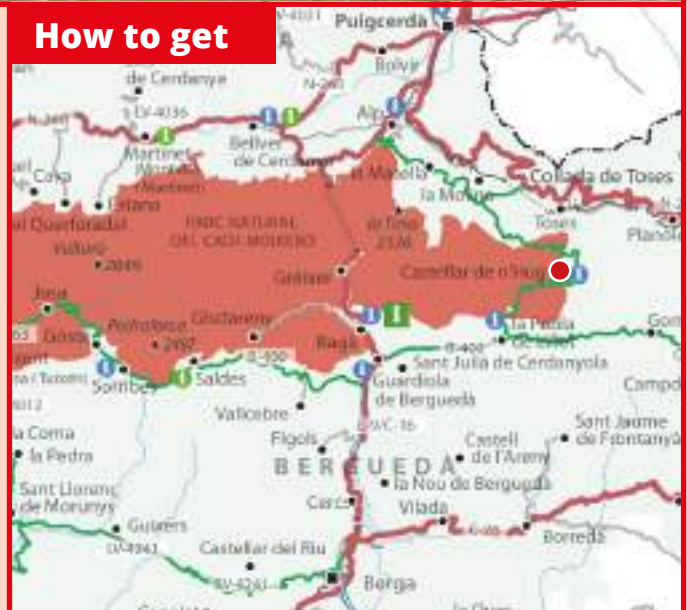
Tourism has also led to the opening of a large number hotels, shops and bakeries.

Nature lovers are recommended to visit Coll de la Creueta and Pla d'Anyella. They can be reached from Castellar by following the road to La Molina, which has many bends and impressive views.

From La Pobla de Lillet you can take the Cement Train that runs the length of the valley to the Cement Museum via the Artigas Gardens, designed by the architect Gaudí.

Also worth a visit is the petroleum mine in Riutort, between Guardiola de Berguedà and La Pobla de Lillet.

## How to get



Source of the River Llobregat  
Cadí-Moixeró Natural Park Archive



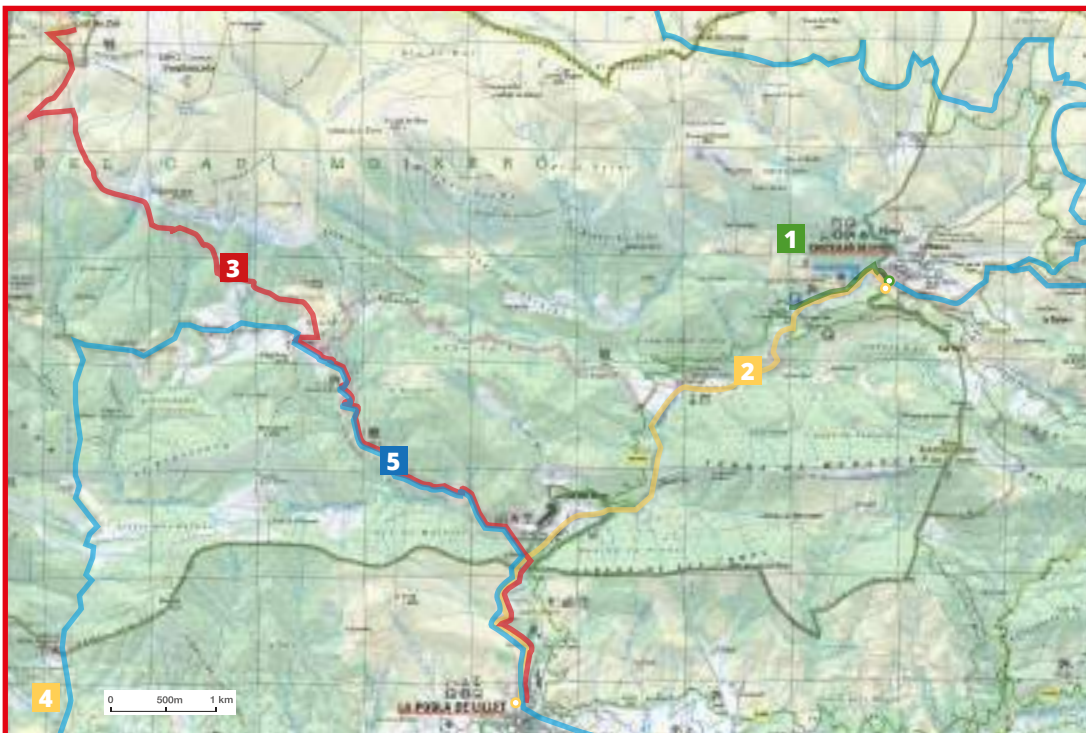
Coll de la Creueta and Pla d'Anyella.  
Photographer: Richard Martín Vidal



Riutort Petroleum Mine  
Cadí-Moixeró Natural Park Archive



Asland Factory Museum in Clot del Moro.  
Photographer: Richard Martín Vidal



#### To take into account

- The best time to visit the source of the Llobregat is in spring, when it rains the most and the mountain ice is also melting.

## The main attractions

- The **natural springs of the Llobregat** which flow from the earth among rocks and riverside vegetation.
- The **village of Castellar de n'Hug**, its museums, shops and tourist establishments.
- For lovers of open areas, **Coll de la Creueta and Pla d'Anyella**, the meadows of which are used as pasture in summer and for different snow-related activities in winter.
- Here it is possible to **observe marmots, vultures, chamois and other high mountain flora and fauna**.
- The **Cement Train** is a different way of visiting the **Artigas Gardens** and the **Cement Museum** (the former Asland factory in Clot del Moro). It follows the course of the River Llobregat.
- The **Romanesque architecture of the churches of Sant Vicenç de Rus and Sant Joan de Cornudell**.

## Service for visitors

On the Natural Park's website you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:  
<http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high,

### On foot

#### 1 The Source of the Llobregat

Start/Finish: Hostal les Fonts/Castellar de n'Hug  
 Distance: 700 m  
 Time: 15'  
 Elevation gain: 110 m

#### 2 Pas de l'Ós

Start/Finish: Castellar de n'Hug/La Pobra de Lillet  
 Distance: 13,4 km  
 Time: 3 h 30'  
 Elevation gain: 500 m acumulat

#### 3 La Pobra – Alp (GR 4)

Start/Finish: La Pobra de Lillet/Alp  
 Distance: 27.6 k  
 Time: 8 h 21'  
 Elevation gain: 2,197 m cumulative

#### 4 Guardiola de Berguedà – Riutort

Start/Finish: Guardiola de Berguedà/Riutort Petroleum Mine  
 Distance: 12 km  
 Time: 3 h 20'  
 Elevation gain: 600 m

### By mountain bike and cycle tourism

#### 5 ● Route of the Hermit

Distance: 168 km  
 Time: 5 stages (several days)  
 Elevation gain: 5,821 m

### By car

- Before reaching Castellar de n'Hug, you come to the **Romanesque church of Sant Vicenç de Rus** (11th-12th century); of particular interest are the Romanesque mural paintings.
- You can also visit **Sant Joan de Cornudell**. Take the Castellar de n'Hug road in the direction of La Molina and at Km 13.2 take the turning to the right.

### Facilities

Tourist information offices at:

- Guardiola de Berguedà
- La Pobra de Lillet
- Castellar de n'Hug
- Puiners lookout point (Castellar de n'Hug)

### As well as...

- **A tour of the Riutort Petroleum Mine** in the Cadí-Moixeró Natural Park, one of the few underground petroleum mines in the world.
- **Cement Train**
- **Visit the Artigas Gardens**, designed by Antoni Gaudí, where nature and architecture blend in complete harmony.
- **Cement Museum – Asland Factory** in Clot del Moro.
- **Shepherd's Museum** in Castellar de n'Hug.



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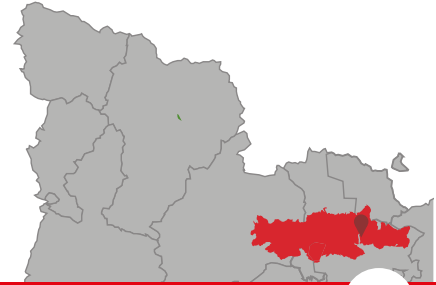


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# Climbing to Coll de Pal



An accessible mountain pass at more than 2,000 m

County: *Berguedà* Municipalities: *Bagà, Guardiola de Berguedà*

Card CM

6



**Serra del Moixeró**  
Autor: Richard Martín Vidal

## What you'll find there

The town of Bagà, founded in 1233 by the Lords of Pinós, is the starting point for our itinerary. Here you can visit the Mediaeval and Cathar Centre, mural paintings from the 17th, 18th and 19th centuries of great artistic interest and the Bagà 1440 exhibition. You can also visit the Park Centre with its permanent exhibition and a temporary exhibition room where you can watch an audiovisual about the park.

On the way up to Coll de Pal you can enjoy spectacular views and note how the vegetation changes as you climb: from holm oak to oak, beech, Scots pine and mountain pine and, on the highest parts, alpine meadows.

One of your first stops could be Gréixer, located on the slopes of the Moixeró Mountain and from where you can climb to Penyes Altes de Moixeró. The second stop is at L'Hospitalet to take the historic Coll de Jou footpath that goes as far as Urús (Cerdanya).

Along the way you will find the Trencapinyes and Marmota Nature Routes, short itineraries on which the whole family can enjoy the mountain scenery, flora and fauna.

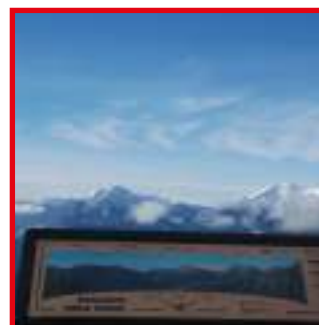
## How to get



*The Natural Park Centre*  
*Cadí-Moixeró Natural Park Archive*



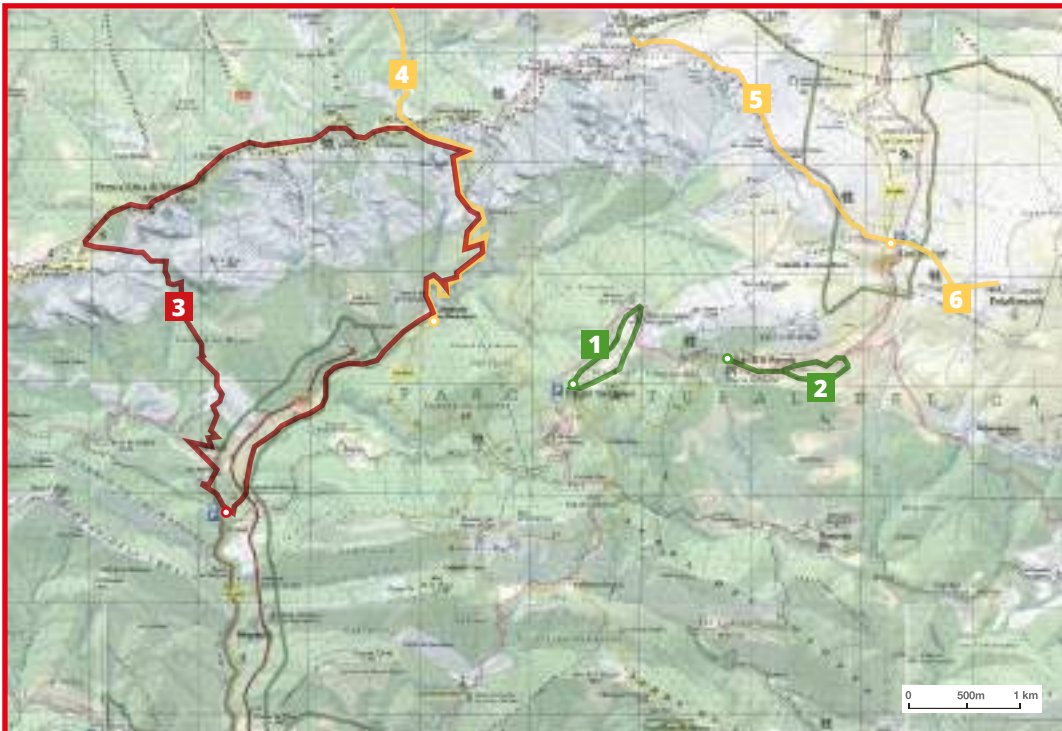
*The Clot d'en Pere Beechwood*  
*Cadí-Moixeró Natural Park Archive*



*Views from the Els Orris*  
*lookout point. Pere Pedrals*



*Bearded vulture (Gypaetus*  
*barbatus). Ramon Faura*



### To take into account

- The Coll de Pal BV-4024 road that begins in the town of Bagà is sometimes closed in winter due to ice, snow or wind. There is a sign at the beginning of the road informing you of its condition.
- Take advantage of the spring and autumn to observe the birds, especially the birds of prey, in the Coll de Pal area during their migratory period.

## The main attractions

- **The Cadí-Moixeró Natural Park Centre** with an audiovisual and permanent and temporary exhibitions. Free entrance and open all year except Christmas Day, St Steven's Day and New Year's Day.
- **Bagà, a mediaeval town. The Mediaeval and Cathar Centre. The Bagà 1440** permanent exhibition. An exhibition of 19th-century **romantic mural paintings**.
- **Network of GR and PR itineraries;** nature itineraries with panels for interpreting the landscape and flora and fauna; **panoramic lookout points** and recreational areas.
- **Romanesque chapels**, such as Sant Andreu de Gréixer and Santa Maria de Roca-sança.
- **Oak and holm oak woods, Scots pine woods, beechwoods, mountain pine woods and alpine meadows, with the colour** variations of the different forest stages during the seasons of the year.
- **High-mountain fauna.**
- **An important orographic complex made up by the Moixeró, Tossa and Puigllançada Mountains** with interesting natural and geological features.

## Service for visitors

On the Natural Park's website you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers: <http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high,



### On foot

#### 1 Route of the Trencapinyes (Red Crossbills)

Start/Finish: the road from Bagà to Coll de Pal (Km 14.200). Nature route.  
Distance: 4 km  
Time: 1h

#### 2 Route of the Marmot

Start/Finish: the road from Bagà to Coll de Pal (Km 16.800). Car park on the left, in front of the Xalet de Coll de Pal. Nature route  
Distance: 4 km  
Time: 1h

#### 3 Climb to Penyes Altes de Moixeró (2,276 m) ascending via

Coll de Jou and descending via the Serp gully  
Start/Finish: Gréixer car park  
Distance: 15.6 km  
Time: 7h  
Cumulative elevation gain: 1,543 m

#### 4 Coll de Jou, historic footpath between El Berguedà and La Cerdanya

Start/Finish: Hospitalet de Roca-sança/ Urús  
Distance: 12.5 km  
Time: 4h 30'  
Elevation gain: 1,510 m

#### 5 Coll de Pal - La Tosa

Start/Finish: Coll de Pal/La Tosa  
Distance: 4.8 km  
Time: 1h 30'

Elevation gain: 437 m  
Difficulty: High in winter

#### 6 Coll de Pal - Puigllançada

Start: Coll de Pal  
Distance: 1.4 Km  
Time: 45'  
Elevation gain: 308 m

### Facilities

#### • Recreational areas:

- Bac de Diví (Bagà): tables and lookout point
- Els Orris (Bagà): barbecues and natural spring
- La Font del Sofre (Bagà): tables and natural spring
- Paller de Baix (Bagà): tables, barbecues and natural spring
- Riugréixer (Bagà): tables and barbecues

#### • Lookout points

- Devesa de Paller (Bagà)
- Els Orris (Bagà), suitable for persons with reduced mobility
- Bac del Diví (Bagà)

### As well as...

• **Guided tours of the historical quarter of Bagà, the Mediaeval and Cathar Centre and the "Bagà 1140" permanent exhibition.** More information: [www.viladebaga.org](http://www.viladebaga.org)

• **Geocaching:** "El Quadern d'en Pierre", a game through which to discover the park. More information: [www.carnetdenpierre.eu](http://www.carnetdenpierre.eu)



ACCOMMODATION



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# Vall del Bastareny



A hidden valley, rich in water, vegetation and culture

County: *Berguedà* Municipalities: *Bagà, Guardiola de Berguedà, Gisclareny*

Card CM

7



Vall del Bastareny des del mirador de Gargallosa  
Autor: Richard Martín Vidal

## What you'll find there

On the southern slopes of the Cadí-Moixeró Natural Park you will find this small valley carved out by the River Bastareny, a tributary of the Llobregat. You can visit the source of the river, L'Adou del Bastareny, in the municipality of Gisclareny. Before that, going downriver, you come to one of its most important tributaries: the Els Empedrats torrent. Here you can walk along the old highway to Coll de Pendís and La Cerdanya to enjoy fascinating scenery and nature and discover the Cua de Cavall and the Bullidor de la Let. As they pass through this valley, the River Bastareny and its tributaries endow it with magical spots, including streams, waterfalls and the Els Empedrats gully.

Away from the river you can also enjoy visiting the Romanesque chapels and walking the local footpaths that take you into the heart of the valley and the municipality of Gisclareny.

## How to get



Source of the River Bastareny  
Photographer: Richard Martín Vidal



Sant Martí del Puig  
Cadí-Moixeró Natural Park Archive



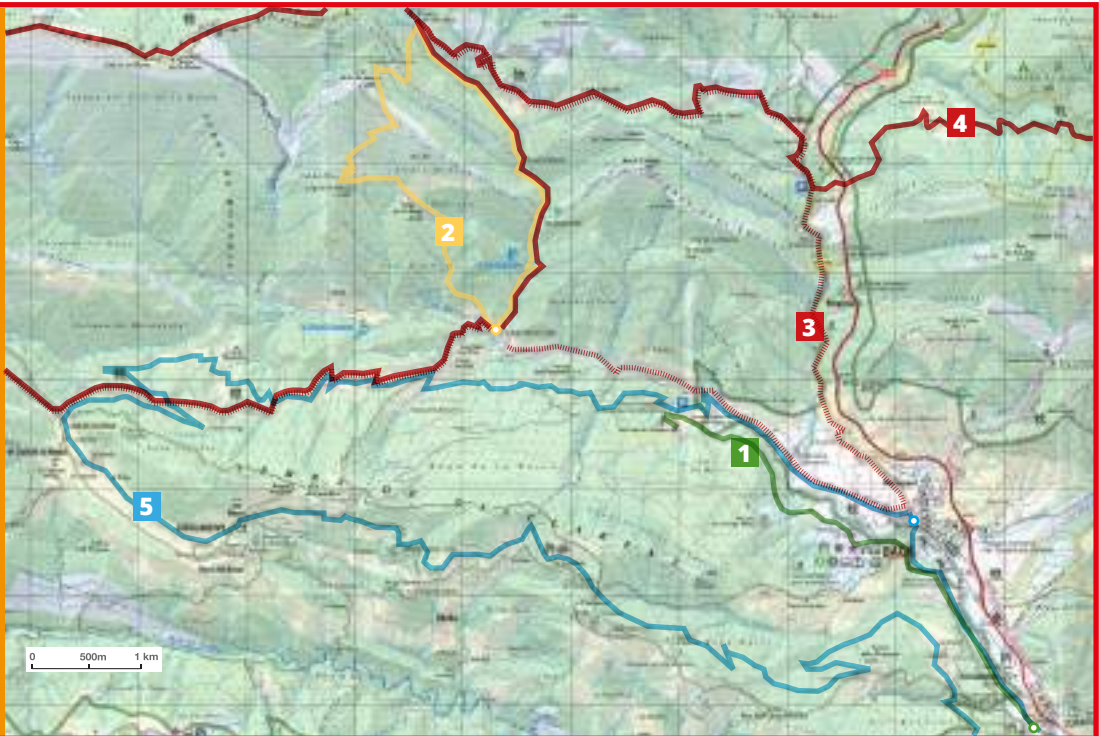
Cua de Cavall  
Photographer: Richard Martín Vidal



El Nicolau Way  
Photographer: Maria Faura Pedrals

### To take into account

• It is recommended to use a 4x4 or a high vehicle on the forest tracks from Coll de la Bena to the Pedraforca lookout point and Pont de Saldes on Coll de Bauma.  
During the winter months the forest trail from Coll de la Bena to the Pedraforca lookout point is closed due to snow and ice.



## The main attractions

• **Water is the protagonist here:** the water courses of **Els Empedrats torrent** and the River Bastareny and its source; the **Bullidor de la Llet** and the **Cua de Cavall**.

• **Gisclareny, a charming, peaceful village** from which you can enjoy spectacular views of the Pedraforca Mountain.

• **Guardiola de Berguedà**, where the River Bastareny joins the Llobregat. A major communications hub, once of railways and now of roads, it has all the necessary tourist services.

• **Romanesque:** the Bastareny Valley has its fair share of Romanesque chapels, including those of **Sant Martí del Puig**, **Sant Miquel de Turbians** and **Sant Joan de l'Avellanet**.

• **The Monastery of Sant Llorenç** in Guardiola del Berguedà, a jewel in our

## Service for visitors

On the Natural Park's website you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high,

### On foot

#### 1 Via del Nicolau

Start/Finish: Guardiola de Berguedà or Sant Joan de l'Avellanet (Bagà)  
Distance: 6 km  
Time: 1 h 30'  
Cumulative elevation gain: 283 m

#### 2 Els Empedrats PR-C 125

Start/Finish: Cal Cerdanyola (Gisclareny)  
Distance: 10.5 km  
Time: 5 h  
Elevation gain: 870 m positive

#### 3 Camí dels Bons Homes

Start/Finish: Sanctuary of Queralt (Berga) / Montsegur (France)  
Distance: 189-205 km  
Time: 8 stages (several days)  
Elevation gain: 5,530 m cumulative

#### 4 Cavalls del Vent

Start/Finish: Any of the eight warden-attended refuges in the park  
Distance: 74.90 km  
Time: 5 stages (several days)  
Elevation gain: 9,900 m

### By mountain bike

#### 5 ● Bagà-Gisclareny-Bagà

Start/Finish: Bagà  
Distance: 31 km  
Time: 4h  
Elevation gain: 660 m

### By car:

**Gisclareny – El Collell – Pedraforca lookout point – Saldes**

An off-road vehicle is recommended. This track is closed in winter due to ice

### Facilities:

#### • Recreational areas:

- Pont de Sant Joan de l'Avellanet (Bagà), tables and barbecues
- Sant Joan de l'Avellanet (Bagà), tables and barbecues
- Coll de Bauma (Gisclareny), barbecues and a natural spring
- Font de Gisclareny, tables, barbecues and a natural spring
- Clot d'en Roca (Bagà), tables and a natural spring
- Font de l'Andino (Bagà), tables and barbecues
- Font de la Vinya Vella (Bagà), tables, barbecues and a natural spring
- Font del Sofre (Bagà), tables and a natural spring

#### • Lookout points:

- Gargallosa (Gisclareny)
- Albert Arilla (Gisclareny)
- Baga Major (Bagà)

#### • Information offices:

- Bagà
- Guardiola de Berguedà
- The Park Centre

### As well as...

• **At Coll de Bauma you can admire the impressive Scots pine wood** with its very tall trees. It is one of the best examples of a mature Scots pine wood in Catalonia.

#### • Local footpaths in Gisclareny

10 circular itineraries of varying difficulties that take between 1 and 4 hours.



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# The faces of the Pedraforca Mountain

An emblematic mountain enveloped in magic .



County: Berguedà Municipalities (villages): Saldes (L'Espà, Maçaners, Saldes), Gósol (Sorribes, Gósol), Vallcebre Card CM

8



El Pedraforca des de Maçaners  
Autor: Richard Martín Vidal

## What you'll find there

The Pedraforca Is one of the best-known mountains in Catalonia, both for its symbolism and the opportunities it offers for rock climbing, ice climbing and hiking.

Apart from the best-known image of the two prongs from Maçaners, there are other very different views, including those from Gósol, Gisclareny and Coll de la Traba.

From the villages that surround the Pedraforca, such as Saldes, Gósol, Vallcebre, Maçaners and Gisclareny, you can connect to the network of GR, PR, SL and thematic footpaths that will take you to places of major geological, faunal and floral interest.

There is a large beech and fir forest at the foot of the mountain in the Gresolet Valley, presided over by the sanctuary of the same name with various signposted monumental trees. It is of great botanical interest and its fantasy-like atmosphere invites you to enjoy pleasant strolls.

## How to get



Gósol with the Cadí Mountains in the background. Cadí-Moixeró Natural



Saldes Castle  
Cadí-Moixeró Natural Park Archive



Turó del Castell de Termes with the Pedraforca in the background



Gresolet Beechwood  
Photographer: Richard Martín Vidal



#### To take into account

The Pedraforca is a high mountain peak on which there are frequent accidents. You must plan your excursion well, take into account the abilities of the participants, be well-documented, check the weather forecast and take suitable equipment.

## The main attractions

- Rock climbing on the whole of the **massif** and ice climbing, depending on the time of the year and the temperature, on the north face of the Pedraforca.
- **Walking itineraries** around the Pedraforca, **nature itineraries**: the Route of the Small Tit; **thematic routes**: the Way of Picasso, the Reapers' Route, the Camí dels Bons Homes, Cavalls del Vent.
- Facilities such as the **lookout points** give you the opportunity to enjoy the mythical mountain from different points.
- **Small villages** with well-defined personalities at the foot of the Pedraforca.

## Service for visitors

You'll find detailed information on the Massís del Pedraforca Natural Site of National Interest website about its activity programme, footpath network and infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/pedraforca>

### As well as...

- **Geocaching**: "El Quadern d'en Pierre", a game to discover the Cadí-Moixeró Natural Park and the Catalan Pyrenees Regional Natural Park. [www.carnetdenpierre.eu](http://www.carnetdenpierre.eu)

### Discover the monumental trees of the area:

- The Fir of Les Molleres de Gresolet
- The Great Beech of Les Molleres de Gresolet
- The Pine of El Roc dels Castellots
- The Old Pines of La Pleta dels Baganesos I, II, III and IV
- The Beech of the shady side of Gresolet or the Setrill Beech

## Options for visitors

### On foot

#### 1 **Route of the Small Tit**

Start/Finish: Font Terrers (Gósol)  
Distance: 1.3 km  
Time: 1h15'  
Elevation gain: 260 m

#### 2 **Pedraforca 360° PR-C 127**

Start/Finish: Circular  
Distance: 20 km  
Time: 6 h  
Elevation gain: 1140 m

#### 3 **Saldes Castle**

Start/Finish: Pl. Pedraforca (Saldes)  
Distance: 2.6 km  
Time: 50'  
Elevation gain: 70 m

#### 4 **Saldes-Gresolet** (out via La Costa

and return via Cal Bessó)  
Start/Finish: Pl. Pedraforca (Saldes)  
Distance: 14.6 km  
Time: 4 h  
Elevation gain: 1060 m

#### 5 **The Picasso Route**

Start/Finish: Guardiola de Berguedà/  
Bellver de Cerdanya  
Distance: 58.8 km  
Time: 2 stages (several days)  
Elevation gain: 2,370 m

### By mountain bike

#### 6 **Saldes-Les Costes-Gresolet**

Start/Finish: Saldes  
Distance: 27.8 km  
Time: 3h  
Elevation gain: 2,100 m

Difficulty: ● low, ● moderate, ● high,

### By car

- Pedraforca lookout point over the Gresolet Valley at the foot of Pedraforca Mountain.
- Gresolet Valley: a valley with an abundance of deciduous trees, including beech and oak, as well as Scots pine and mountain pine.
- Vallcebre and Fumanya, cliffs and dinosaur footprints.
- Vall de Gisclareny

## Facilities

### • Information offices:

- Massís del Pedraforca Information Centre (Saldes)
- Picasso Centre (Gósol)

### • Recreational areas:

- Coll de Josa (Gósol), tables and lookout point
- Font Seca (Saldes), 2 tables and a natural spring
- La Serra (Saldes), tables, barbecues and a natural spring
- Gresolet, tables, barbecues and a natural spring
- Plana del Reig, tables (two adapted for persons with reduced mobility)
- Font Terrers (Gósol), tables, barbecues and a natural spring

### • Lookout points:

- Cap Deig (Vallcebre)
- Maçaners (Saldes)
- Pedraforca (Saldes)
- Roser (Gósol)
- Castell de Termes (Gósol)
- Coll de Josa (Gósol)



ACCOMMODATION



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DESENVOLUPAMENT I ESPAIS NATURALS

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# The Massif of La Tosa



An excellent lookout point in the Park

County: Cerdanya Municipalities (villages): Alp (Alp, Masella, Molina), Das, Urús

Fitxa CM

9



La Tosa des del Puigllançada  
Arxiu del Parc Natural del Cadí-Moixeró

## What you'll find there

La Tosa Massif is a marvellous lookout point with a 360° view from north to south and east to west. You don't even have to walk to get to it; even the youngest and the oldest can reach it thanks to the gondola lift that takes you from La Molina almost to the summit, both in winter and summer.

La Tosa Massif offers you infinite possibilities all year round. From La Cerdanya you can reach the north face. In winter it has a heavy snow cover, making it perfect for enjoying the ski runs of La Masella and La Molina. Mountain ski enthusiasts can enjoy the pleasures of virgin snow here. It is also an ideal place for snow-shoeing. When the snow melts, hiking comes into its own and there is a whole series of footpaths on which you can discover the alpine and subalpine meadows, as well as the beautiful forests and woods of this part of La Cerdanya.

Coming down from the mountains, you find small villages full of history, such as Alp, Urús or Das.

## Com arribar



Das Town Hall  
Cadí-Moixeró Natural Park Archive



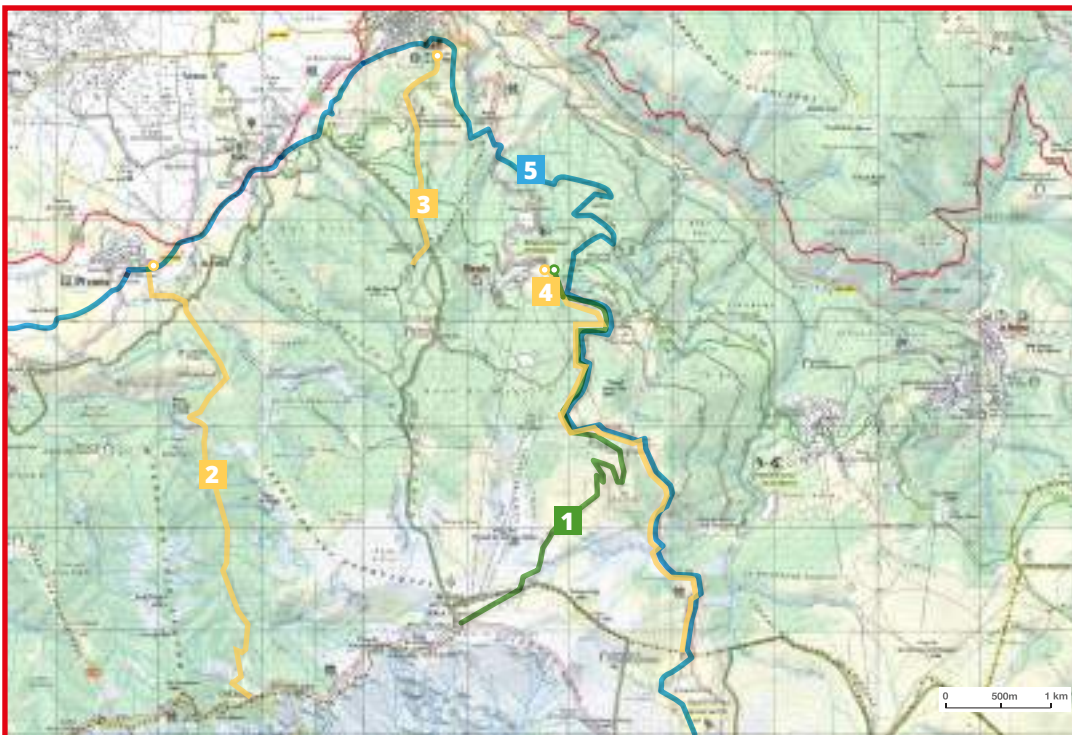
Tower lookout point at Escobairó  
Cadí-Moixeró Natural Park Archive



Ski slopes  
Photographer: Richard Martín Vidal



Craft honey making  
Campet Rodó Archive



### To take into account

· In winter you have to be alert to the risk of avalanches when you take part in the area's different activities. You should also bear in mind that the steep slopes combined with snow and ice may make the use of crampons and ice axes

## The main attractions

- **Snow and winter sports:** alpine skiing, mountain skiing and snowshoeing. The ski resorts of La Molina and La Masella.
- **Spectacular views of the Pyrenees.**
- **Villages with charm,** such as Alp, Das and Urús.
- **Old iron ore and manganese mines on La Tosa Massif.**
- **Observe the high-mountain flora and fauna.**
- **La Molina and La Masella in summer:** on the La Masella plains you can enjoy the views from the lookout point of Escobairó (tower lookout point) and in La Molina you have the option making the ascent in the gondola lift and cycling down on a mountain bike.

## Service for visitors

On the Natural Park's website you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

### As well as...

The Das Museum shows the most significant aspects of life in La Cerdanya and its collection is helping to protect the region's ethnologic heritage.

There is also a wide variety of aeronautical activities on offer (gliding, balloon trips, ultralight aircraft, etc.) at La Cerdanya Aerodrome in Das.

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

#### 1 Ascent of La Tosa (Footpaths 743 and 742)

Start/Finish: La Masella-La Tosa  
Time: 2h 30'  
Elevation gain: 861 m  
Distance: 7 km

#### 2 Urús-Coll de Jou (PR-C 126)

Start/Finish: Sant Climent d'Urús/Coll de Jou  
Time: 2h 30'  
Elevation gain: 740 m  
Distance: 8 km

#### 3 Path along the Pla de la Baga and La Serra dels Collets (Footpath 739)

Start/Finish: Alp/Pla d'Escobairó  
Time: 1h  
Elevation gain: 510 m (high elevation gain)  
Distance: 2.5 km

#### 4 Footpath to Coll de Pal (Footpath 743)

Start/Finish: Masella/Coll de Pal  
Time: 2h  
Elevation gain: 400 m  
Distance: 5.9 km

### By mountain bike

#### 5 ● Tour around the Cadí-Moixeró by mountain bike

Distance: 222.3 km  
Time: 23h 50'  
Elevation gain: 6,180 m

### Descent by mountain bike

Various circuits and descents with different skill levels and distances that are available in the summer by taking the gondola lift to the summit.

### By car

#### • Alp-La Molina-Pla d'Anyella

High mountain landscapes and spectacular views.

• **Alp-Coll de Pal (4x4)**, a forest trail that links La Cerdanya to El Berguedà

• **Alp-Das-Urús-Prats-Tartera**, municipalities and villages of La Cerdanya with Romanesque churches and beautiful views.

### By gondola lift

In summer you can take the gondola lift from La Molina almost to the top of La Tosa. With just a twenty-minute walk from there to the peak, it is ideal for those who can't or don't want to walk up.

### With skis

In winter, the ski resorts of La Molina and Masella offer a wide range of ski runs of different skill levels.

La Tosa also offers you other sports such as mountain skiing and snowshoeing during the coldest months.

### Facilities:

• **Alp Tourist Information Office**

• **Pla d'Escobairó recreational area**, with tables, an informative panel and a children's playground.

• **Lookout points:**

- Escobairó (Alp)
- Roca d'Alp



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# To the North of the Moixeró



The gentlest face with scattered woods,  
valleys and villages

County: Cerdanya Municipalities (villages): Riu de Cerdanya, Bellver de Cerdanya (Bellver de Cerdanya, Bor, Nas, Olià, Pedra, Pi, Riu de Santa Maria, Santa Eugènia de Nerellà, Santa Magdalena, Talló, Vilella, Nèfol)

Card CM

10



Serra de Moixeró  
Arxiu del Parc Natural del Cadí-Moixeró

## What you'll find there

On its northern slopes, the Moixeró shows you its gentler face, full of almost magical woods that you can visit thanks to the area's footpaths. Walking through these woods you come to Penyes Altes, a triangulation station and the highest point in the mountain range at 2,276 m. From there you can see a large part of the Cadí-Moixeró Natural Park.

The villages that live in the shadow of the Moixeró, such as the mediaeval village of Bellver de Cerdanya, have preserved their most historical parts and have bequeathed us a fine collection of Romanesque chapels. These include Sant Julià de Pedra, Sant Marcel de Bor, Santa Eugènia de Nerellà and Sant Serni de Coborriu, as well as the "Cathedral of La Cerdanya", Santa Maria de Talló.

You will also find the Fou de Bor, an excellent attraction for speleologists.

In Talló you have the Information, Interpretation and Research Centre of the Natural Park and its area. There you can find out everything you need to know about the Park and its surroundings (Artesans, Les Basses de Gallissà, etc.).

## How to get



Bellver de Cerdanya  
Cadí-Moixeró Natural Park Archive



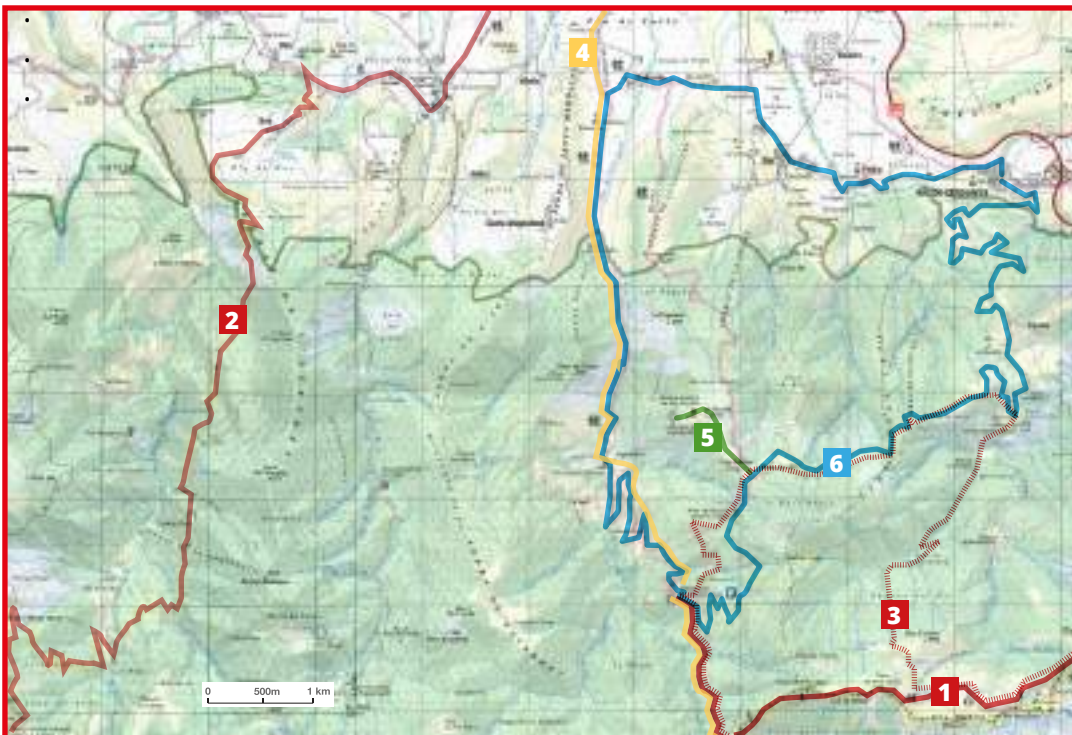
Santa Maria de Talló  
Photographer: Richard Martín Vidal



Cap del Ras lookout point  
Cadí-Moixeró Natural Park Archive



La Fou de Bor (cave)  
Photo: Joan Casòliva Armengou



### To take into account

· The ascent to Penyes Altes de Moixeró is not recommended in winter, as there is normally snow on the highest parts that could cause you difficulties, especially on the crest line and the last stretch up to the summit, where the snow freezes.

## The main attractions

- **Mature woods:** L'Avetosa de Riu de Cerdanya with fir trees over four metres in diameter.
- **Villages:** not to be missed are the mediaeval village of Bellver de Cerdanya, Pi, Bor and Riu de Cerdanya.
- **Penyes Altes and Prats de Moixeró,** beautiful scenery and spectacular views.
- **Camí ral de Coll de Pendís,** a highway once used by the people of Cerdanya and Berguedà and travellers from elsewhere to cross the mountains through the Coll de Pendís pass.
- **Santa Maria de Talló,** the Romanesque "Cathedral of La Cerdanya".
- **Romanesque chapels scattered all around.**
- **Singular valleys, such as those of Pi, L'Inгла and Ridolaina.**
- The **cave complexes of Fou de Bor and Tuta Freda,** the largest cave in La Cerdanya.

## Service for visitors

On the Natural Park's website you'll find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

More information about the area at the Information, Interpretation and Research Centre of the Natural Park and its area (Talló)

<http://bellverecoturismecerdanya.cat>

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

- 1 Ascent to Penyes Altes del Moixeró (2,276 m)**  
Start/Finish: L'Inгла refuge/Penyes Altes del Moixeró  
Time: 2h 30'  
Elevation gain: 580 m positive
- 2 Camí dels Segadors**  
Start/Finish: Bellver de Cerdanya/Gósol  
Time: 9 h  
Elevation gain: 2,370 m  
Distance: 29 km
- 3 Cavalls del Vent**  
Start/Finish: any of the eight warden-attended refuges  
Time: 5 stages (several days)  
Elevation gain: 9,900 positive  
Distance: 74 km
- 4 Bellver de Cerdanya–Coll de Pendís (GR 107)**  
Start/Finish: Bellver de Cerdanya–Coll de Pendís  
Distance: 11.2 Km  
Time: 3h  
Elevation gain: 871 m
- 5 Cap del Ras lookout point**  
Itinerary suitable for persons with reduced mobility  
Distance: 1.1 Km  
Cumulative elevation gain: 31 m  
Maximum gradient: 12%  
Accessibility: unaccompanied

### En BTT

- 6 ● Riu de Cerdanya–L'Inгла–Bor**  
Distance: 26 km  
Time: 3h 30'  
Elevation gain: 1,580 m

### By car

- **Riu de Cerdanya–Serrat de les Esposes Refuge–Els Cortals de l'Inгла Refuge–Bellver de Cerdanya (by 4x4).**
- **Villages and churches of the municipality: Riu de Cerdanya, Pedra, Bor, Talló, Bellver de Cerdanya, Pi, Santa Eugènia de Nerellà, Olià and Nas.**

### Facilities

#### • Recreational areas:

- Cap del Ras
- Cortals de l'Inгла
- Font de l'Inгла
- Font Freda
- L'Agre
- Pradell de Pi
- Serrat de les Esposes

- **Cap del Ras lookout point** (accessible by persons with reduced mobility)

### As well as...

· La **Ferreria** (Pi) is a small museum that explains the blacksmith's trade and the history of bridle paths.

· Les **Basses de Gallissà on the River Segre** are artificial ponds formed by gravel extraction.

· The **Fou de Bor** is a cave with more than 3,000 m of underground passages and chambers containing stunning natural formations.



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DESENVOLUPAMENT I ESPAIS NATURALS

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## The Portal of El Baridà



A spot bathed by the River Segre and its tributaries that flow directly from the steep Cadí Mountains

County: Cerdanya Municipalities (villages): Montellà i Martinet (Montellà, Martinet)

Card CM

11



Pescador al riu Segre  
Autor: Francisco García Guillén

### What you'll find there

El Baridà is a subcounty in the high valley of the Segre located between Sant Martí dels Castells and L'Estret de Mollet, in Pont de Bar. It is made up of the municipalities of La Cerdanya (Montellà i Martinet and Lles de Cerdanya) and L'Alt Urgell (El Pont de Bar and El Querforadat, in the municipality of Cava).

Martinet, set on the right bank of the Segre, at the confluence with the La Llosa River, has taken advantage of its privileged location with respect to the river courses that surround it. It has promoted fishing tourism and diverse small industries linked to water and water power (a fish farm, hydroelectric plants, etc.).

Where it passes through the county of La Cerdanya, the River Segre still preserves communities of great scenic, faunal and botanic interest. For that reason, in 1987 the **Segre-Prullans Partial Nature Reserve and the La Llosa Partial Nature Reserve** were created with the objective of guaranteeing the survival of the last remaining otter populations.

In this area you will also find many products handmade by small local producers, including sausages, cheeses,

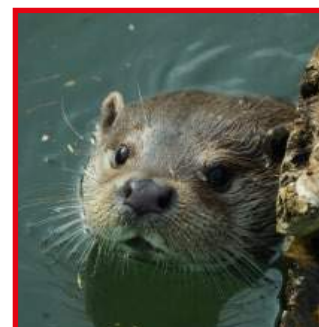
### How to get



Casa del Riu (House of the River)  
Cadí-Moixeró Natural Park Archive



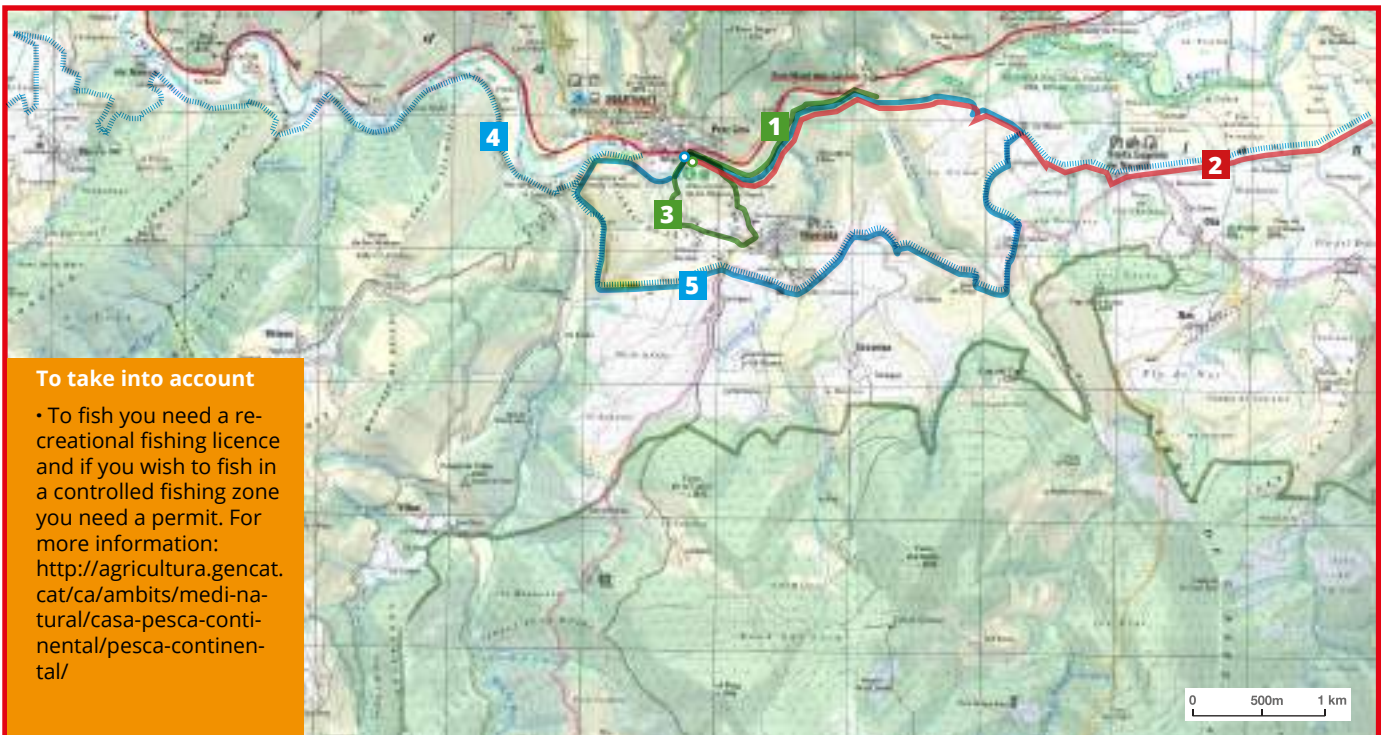
Views from Montellà  
Photographer: Richard Martín Vidal



Otter (*Lutra lutra*)  
Photographer: Richard Martín Vidal



Organic meat production  
Ecopyrene Archive



### To take into account

- To fish you need a recreational fishing licence and if you wish to fish in a controlled fishing zone you need a permit. For more information: <http://agricultura.gencat.cat/ca/ambits/medi-natural/casa-pesca-continental/pesca-continental/>

## The main attractions

- The **course of the river and its activities:** the River Segre has contributed to the development of tourism in the area.
- The **villages of Montellà i Martinet** preserve an important cultural legacy: bridges, churches, castles, civil war bunkers, etc.
- **Tourism resources such as the Casa del Riu (House of the River) and the Bunkers of Montellà i Martinet Park**
- Typical local **products** include river trout, organic meat, country bread with designation of origin, chocolates, cakes and sausages.
- It is a **popular place for fishing enthusiasts.**

## Service for visitors

On the Natural Park's website you will find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

## Options for visitors

Difficulty: ● low, ● moderate, ● high, ● very high

### On foot

#### 1 The Otter Route

Start/Finish: Martinet  
Time: 45 min  
Elevation gain: 50 m  
Distance: 3 km

#### 2 Camí de Sant Jaume (Llívia-Martinet de Cerdanya)

Start/Finish: Llívia/Martinet  
Time: 9h  
Elevation gain: 1,635 m  
Distance: 42.5 km

#### 3 Martinet-Montellà

Start/Finish: Martinet  
Distance: 2.5 km  
Time: 1h  
Elevation gain: 487 m

### By mountain bike and cycle tourism

#### 4 ● Tour around the Cadí-Moixeró

Start/Finish: circular; you can choose the place to start and finish  
Time: 23h 50'  
Elevation gain: 6,180 m  
Distance 222.3 km

#### 5 ● Martinet-Montellà-Sant Martí dels Castells

Start/Finish: Martinet  
Distance: 10.6 km  
Time: 1h  
Elevation gain: 487 m

### By car:

- **From Martinet to Bellver de Cerdanya via Ridolaina**, a local road with good views and idyllic landscapes.
- **Traverseres, Lles and Viliella: small villages** in La Llosa Valley, on the Solana de Cerdanya, with splendid views of the park and the whole county.

### Facilities

- **L'Arbreda Riberes del Segre recreational area**, tables and a natural spring.
- **Lookout point and recreational area of Prullans** on the N-260 road (tables and lookout point with an interpretative panel).

### As well as...

- **The Bunkers of Montellà i Martinet Park:** a museum area that explains recent history and helps us understand why a line of bunkers was built all along the Pyrenees.
- **Casa del Riu (House of the River): a fluvial system** interpretation centre. Helps explain to visitors the importance of the river and its associated species.



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# The Cadí Mountains of Céret

Marvellous lookout points in La Cerdanya and the Natural Park



County: *Cerdanya* Municipalities (villages): *Montellà i Martinet (Béixec, Estana, Villec)*

Card CM

12



**Prat de Cadí**  
Arxiu del Parc Natural del Cadí-Moixeró

## What you'll find there

This is where the majestic north face of the Cadí Mountains rises up as a backdrop to the places you visit. The spectacular gullies that lead directly to the highest parts of the Natural Park are practically unsurmountable; only some of them, such as El Cristall, allow us to cross the mountains. These walls lovingly shelter the small villages that live at their feet; villages such as Villec, Béixec and Estana. Prat de Cadí and Prat d'Aguiló, where there is a refuge, offer you exceptional views of the north face of the Cadí Mountains. In Estana, a stroll as far as the Pla de l'Àliga rewards you with spectacular views of La Cerdanya from four strategically situated lookout points.

In winter these gullies of snow and ice become the ideal places for mountain climbers and it is here that many enthusiasts climbed their first slopes.

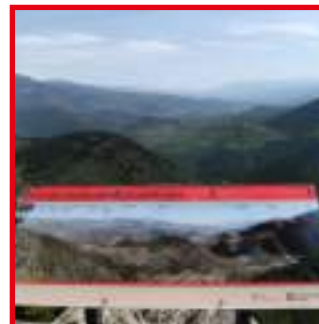
## How to get



*Sanctuary of Bastanist*  
Cadí-Moixeró Natural Park Archive



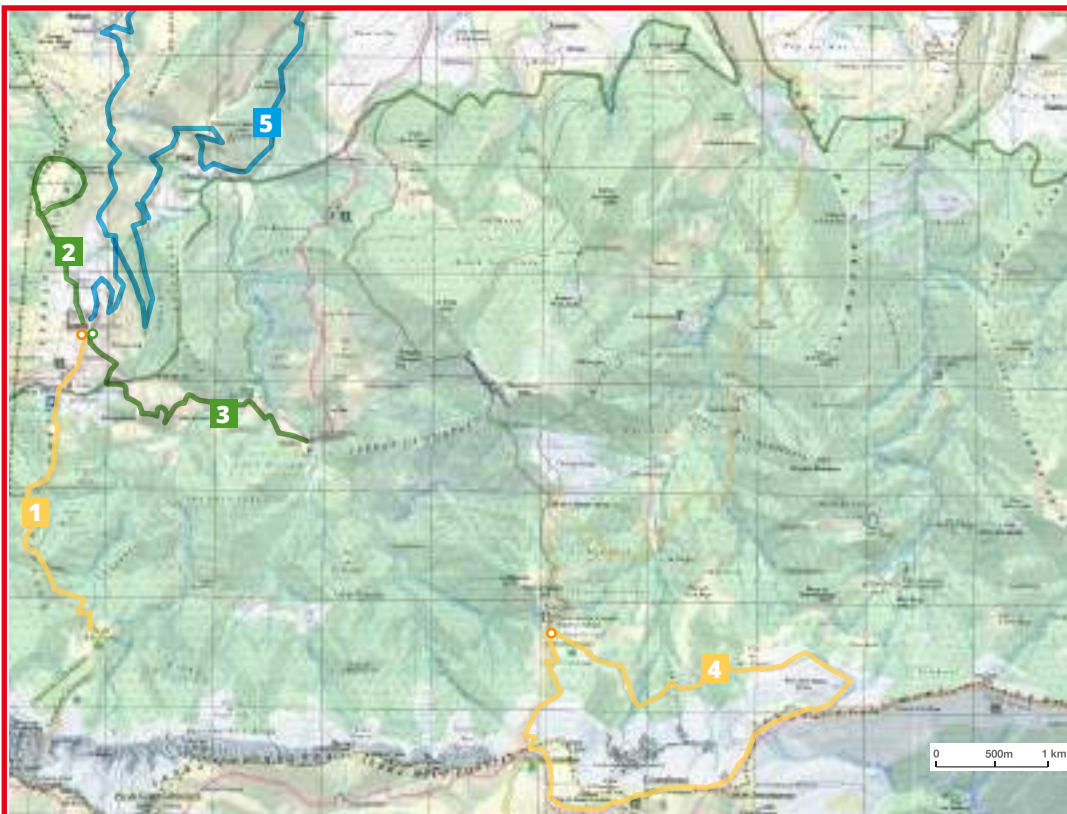
*Prat d'Aguiló*  
Cadí-Moixeró Natural Park Archive



*La Traba lookout point*  
Cadí-Moixeró Natural Park Archive



*Way of the Last Cathar*  
Cadí-Moixeró Natural Park Archive



#### To take into account

- For most of the winter the north face of the Cadí Mountains is snow-covered and probably frozen, especially in the deepest parts of its walls, such as the gullies that almost never see the sun. Therefore, you need crampons and ice axes to climb them. You also have to wear suitable clothing and footwear for the time of year and the places you are going to.
- You also need up-to-date information about the danger of avalanches.

### The main attractions

- **Gullies of the north of the Cadí Mountains:** the spectacular gullies offer you very different landscapes in summer and winter.
- **Typical rural mountain villages.**
- **Sanctuary of Bastanist,** below the walls of the Cadí Mountains.
- **Prat de Cadí, carpeted with flowers** in late spring, the perfect spot for mountain and photography enthusiasts.
- **Prat d'Aguiló,** and area of pastures with a mountain refuge where you can rest or eat, and the beginning of the ascent to the crest line of the Cadí Mountains via Els Gosolans Pass (PR-C 124)
- **The lookout points of Pla de l'Àliga,** linked by a nature itinerary

### Service for visitors

On the Natural Park's website you will find detailed information about its activity programme, footpath network, infrastructure (recreational areas, lookout points, interpretation centres, etc.) and local and organic food producers:

<http://parcsnaturals.gencat.cat/cadi>

### Options for visitors

Difficulty: ● low, ● moderate, ● high,

#### On foot

##### 1 Prat de Cadí (PR-C 121)

Start/Finish: Estana/Prat de Cadí  
Distance: 3.8 km  
Time: 1 h 15'  
Elevation gain: 327 m

##### 2 Route of the Pla de l'Àliga lookout points

Start/Finish: Plaça de l'església (Estana)  
Distance: 4.5 km  
Time: 1 h 30'  
Elevation gain: 200 m

##### 3 Sanctuary of Bastanist (GR 150)

Start/Finish: Estana/Sanctuary of Bastanist  
Distance: 3.6 km  
Time: 1 h  
Elevation gain: 300 m

##### 4 Prat d'Aguiló-Pas dels Gosolans-Comabona-Tancalaporta

Start/Finish: Prat d'Aguiló  
Distance: 10.6 km  
Time: 4 h  
Elevation gain: 1,450 m

#### By mountain bike:

##### 5 ● Martinet de Cerdanya-Béixec-Estana-Víllec-Martinet de Cerdanya

Start/Finish: Pont de Montellà (Martinet)  
Distance: 19.5 km

Time: 3 h  
Elevation gain: 953 m

#### By car

- **Béixec, Víllec, Estana and Sanctuary of Bastanist,** mountain villages and places at the foot of the Cadí Mountains.
- **Prat d'Aguiló,** a subalpine meadow at the foot of the Cadí Mountains (4x4 vehicle essential)

#### Facilities:

##### • Recreational areas:

- Bastanist (tables, barbecues and a natural spring)
- Coll de Pallers (tables and barbecues)

- **Lookout points of the Pla de l'Àliga:** 4 lookout points with a total view of 360° linked by a nature itinerary.

#### As well as...

Un bon lloc per a la cursos d'iniciació a l'alpinisme, amb canals accessibles tant sols amb equipament especialitzat durant l'hivern i altres que tradicionalment han servit per travessar la serra durant tot l'any.



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